

Lower Seymour Conservation Reserve

4900 Lillooet Road
North Vancouver, BC
Phone: 778.452.4556
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Visit our websites:

<http://www.metrovancover.org/services/parks/parks-greenways-reserves/lower-seymour-conservation-reserve>

Email us at:

LSCR@metrovancover.org

Please send us an email or give us a call between 7am and 3pm Monday – Friday if you have any questions or concerns.

Payment Options:

Payments can be made by cheque to Metro Vancouver. Cheques can be mailed to:
Metro Vancouver
c/o Rice Lake Gate
4515 Central Boulevard
Burnaby, BC V5H 0C6

Please email a signed copy of this permit to

Dayna.Timmons@metrovancover.org. This permit is not

valid without provided insurance documentation, permit fees, approvals from adjacent land managers where applicable, and a signed copy of this permit.

LSCR PERMIT: 24-007 NSMBA – TRAIL WORK

PERMIT DURATION: January 1st 2024-December 31st 2024

CONSIDERATIONS AND/OR RESTRICTIONS:

1. Permit issued to the North Shore Mountain Bike Association for the trail maintenance work including those related to the TAP program. Approved trails include: Bottle Top, Bridle Path, Cambodia, CBC, Cabin, Circuit 8, Corkscrew, Dale's, Forever After, High School League, Richard Juryn, Ridgerunner. Work is to be conducted within the LSCR on trail days (to be determined) throughout 2024. Trail days must be led by pre-approved NSMBA trail maintainers. See table on page 3 for trail and maintainers details.
2. All trail maintainers are to adhere to LSCR trail building standards and guidelines and **MUST** follow the established procedure listed below.
 - a. Builder to contact pre-determined LSCR staff and provide details of the scope of desired work.
 - b. A walkthrough of intended worksite by LSCR staff and lead maintainer to follow. Discussion of vision and plan of trail days to occur. Must get approval from LSCR staff prior to *any* work commencing.
 - c. Trail day
 - d. A report must be completed at the end of each trail day explaining work that was completed and outstanding work not completed. This update should include pictures of before and after new work.
3. Please leave the area as you found it – tread lightly. Remove all garbage, flagging and any tools upon completion of work. Keep worksite organized and free of any obstacles or hazards.
4. **Adequate first aid and communications must be maintained.** (Note: mobile phones will likely not work in most trail areas)
5. Access and safe-use of trails by all other LSCR visitors must be respected at all times. **Public Safety must be the utmost priority** of the permit holder(s).
6. The permit holder and its participants waive and release any and all rights of claims for damages or injuries that they may have against **Metro Vancouver Regional District** (including Greater Vancouver Water District) in relation to the issuance of this permit, and all works that the permit holder and its participants carry out pursuant to this permit.
7. The permit holder agrees to hold harmless, and indemnify **Metro Vancouver Regional District** from any and all liability for any damages to property of, or injuries to, any third party in relation to the works that the permit holder and its participants carry out pursuant to this permit.



Trail	TAP Sponsor	Builder	Email	Phone
Bottle Top		Tom Ferenc	tom.ferenc@bikes.com	604-353-3359
		Isabelle Deguise	ideguise@gmail.com	778-887-8351
Bridle Path	Coast Mountain Trail Running	Penny	penny@petrichortrails.ca	604-376-1296
		Dave Clendenan	dclendenan@gmail.com	604-454-4050
Cambodia		Henry Fitzgerald	henrynsmba.ca	
		Sarah McLeod	sarahmcleod@nsmba.com	
CBC		Damian McKevitt	damianmckevitt1@gmail.com	
Cabin Trail	Anthem Properties	Martin Newman	martin.newman@hotmail.com	778-994-4440
Circuit 8 & Connector		Sarah McLeod	sarahmcleod@nsmba.ca	604-788-0686
		Ryne Watterson	Watterson.ryne@gmail.com	604-754-9926
Corkscrew		Penny	penny@petrichortrails.ca	604-376-1296
		Dave Clendenan	dclendenan@gmail.com	604-454-4050
Dale's	Comor Sports/North Shore Ride	Penny	penny@petrichortrails.ca	604-376-1296
Forever After		Tom Ferenc	tom.ferenc@bikes.com	604-353-3359
High School League		Sarah McLeod	sarahmcleod@nsmba.ca	604-788-0686
		Ryne Watterson	Watterson.ryne@gmail.com	604-754-9926
Richard Juryn		Sarah McLeod	sarahmcleod@nsmba.ca	604-788-0686
		Ryne Watterson	Watterson.ryne@gmail.com	604-754-9926
Ridgerunner		Isabelle Deguise	ideguise@gmail.com	778-887-8351
		Cheryl Moore	cher_moore10@gmail.com	