

Nature Program Guide

Fall/Winter 2026–2027

təmtəmixʷtən/Belcarra Regional Park

Events

Wings Over Iona

Join us to witness one of nature’s wonders—the fall migration of shorebirds, songbirds, and waterfowl as they journey from northern breeding grounds to warmer habitats in the south. Watch bird banders work their magic and try activities to get a glimpse into the life of a feathered world traveler.

Sign up for a guided bird walk before this event (Birding for Beginners, see page 3).

Please leave pets at home.

Sat, Sept 12, 11 am – 2 pm **All ages**

IONA BEACH REGIONAL PARK, Richmond

Look for a Regional Parks tent at the washroom building

Free

Owl Hoot-enanny

Join the party and have a real hoot! Dance to live music, munch at a food truck, and see a live owl. Uncover the mysterious lives of owls and other grassland creatures through fun activity stations. Hunt for prey like a coyote through a grass maze or jump like a mouse into a giant straw pile.

Sat, Sept 19, 11 am – 2 pm **All ages**

CAMPBELL VALLEY REGIONAL PARK, Langley

Park at 20285 8th Ave, Langley

Free

Night of the Newts New

Each fall, newts journey from park wetlands to safe wintering grounds in the surrounding forest. Join our festivities and celebrate this incredible migration. Become a part of the phenomenon by creating a newt lantern to carry through a beautifully illuminated rainforest after dark.

Please leave pets at home.

Sat, Oct 3, 7 – 10 pm **All ages**

təmtəmixʷtən/BELCARRA REGIONAL PARK
Belcarra/Anmore/Port Moody

Meet at Belcarra Picnic Area

Free

Family Day Campfire

Join us for a cozy campfire and enjoy stories, songs, and surprises about local plants and animals. Bring your own marshmallows to roast — we’ll provide the roasting sticks.

Please leave pets at home.

8839 Mon, Feb 15, 9:30 am – 2:15 pm
All ages

PACIFIC SPIRIT REGIONAL PARK, Vancouver

Free
Registration required for designated timeslots

Family Day Hike & Campfire

Spend Family Day on an outdoor adventure. Enjoy a self-guided walk through the seaside forest then warm up with songs and tales around the campfire.

Please leave pets at home.

Mon, Feb 15, 1 – 4 pm **All ages**

təmtəmixʷtən/BELCARRA REGIONAL PARK
Belcarra/Anmore/Port Moody

Meet at Belcarra Picnic Area

Free



Metro Vancouver
Metrotower III,
4515 Central Boulevard,
Burnaby, BC, V5H 0C6



Be a Nature Explorer

Spidey Senses

Spiders can walk up walls, jump up to 50 times their body length, and spin silk stronger than steel. Search for these amazing animals and observe them up close.

8898 Sat, Sept 12, 10 am – noon
Ages 8+

DERBY REACH REGIONAL PARK, Langley

\$11 per adult, \$8.25 per adult 65+, \$5.50 per child/youth
Registration required

Fall Foray New

Enjoy a sunset tour through West Creek Wetlands, an ecological reserve normally off limits to the public. Explore the secret lives of beavers, fungi, and other hidden gems in this fragile ecosystem.

8899 Tue, Sept 15, 6 – 8 pm
Ages 14+

GLEN VALLEY REGIONAL PARK, Langley

Presented with Langley Environmental Partners Society and The Land Conservancy

Free
Registration required

Rainforest by Night

Experience a west coast rainforest beneath the moon when owls, salamanders, and beavers are active.

8900 Fri, Sept 11, 7:30 – 9:30 pm
Ages 6+

MINNEKHADA REGIONAL PARK, Coquitlam

8901 Fri, Sept 25, 6:30 – 8:30 pm
Ages 6+

PACIFIC SPIRIT REGIONAL PARK, Vancouver

\$17 per adult, \$12.75 per adult 65+, \$8.50 per child/youth
Registration required

Forest Bathing

Step into nature, take a deep breath of fresh forest air, and let your body relax. Awaken your senses and experience the Japanese practice of forest bathing in this urban park oasis.

8903 Sat, Sept 26, 9:30 am – noon
Ages 19+

PACIFIC SPIRIT REGIONAL PARK, Vancouver

8904 Sat, Oct 3, 9:30 am – noon
Ages 19+

CAPILANO RIVER REGIONAL PARK
North Vancouver/West Vancouver

\$17 per adult, \$12.75 per adult 65+
Registration required

Creatures that Glow-in-the-Park

See the forest in a whole new light. Set out with a park interpreter to search for owls, insects, and mushrooms and delve into their secret world where they glow under UV light.

8905 Fri, Oct 2, 7 – 9 pm **Ages 9+**

TYNEHEAD REGIONAL PARK, Surrey

\$17 per adult, \$12.75 per adult 65+, \$8.50 per child/youth
Registration required



Pacific Spirit Regional Park

Mysterious Mushrooms

Ever so quietly, essential fungi are working behind the scenes, keeping the forest running. Learn more about the rotters that clean up decaying matter, thieves that steal from other living things, and coordinators that create social networks of plants.

An indoor presentation will be followed by a slow forest walk (does not focus on harvesting or edibles).

8906 Sat, Oct 17, 9 – 11:30 am
Ages 18+

8907 Sat, Oct 17, 1 – 3:30 pm
Ages 18+

CAMPBELL VALLEY REGIONAL PARK, Langley

\$17 per adult, \$12.75 per adult 65+
Registration required

The Science of Salamanders

Salamanders lead strange lives poised between water and land. Uncover their habitats, explore their diversity, and learn how Regional Parks staff work to protect them.

8908 Sat, Oct 17, 1:30 – 3:30 pm
Ages 15+

təmtəmix*ˈtən/BELCARRA REGIONAL PARK
Belcarra/Anmore/Port Moody

\$11 per adult, \$8.25 per adult 65+, \$5.50 per youth
Registration required

The Secret Life of Trees

Are trees able to smell? Do trees talk to each other? Come on this guided hike to uncover some of the surprising facts about these forest giants.

8909 Sat, Oct 17, 9:30 am – noon
Ages 19+

PACIFIC SPIRIT REGIONAL PARK, Vancouver

8910 Sat, Nov 7, 9:30 am – noon
Ages 19+

MINNEKHADA REGIONAL PARK, Coquitlam

\$17 per adult, \$12.75 per adult 65+
Registration required

Fantastical Forest Photo Walks New

Join wildlife photographer Uwe Zimmerman to capture a fall forest's beauty as it shows off its best colours. Search for mushrooms and salmon to photograph while learning how they support forests.

Beginner

Learn how to use your camera's basic settings and compose balanced images to capture sharp, vibrant shots. Perfect for new nature photographers who want to build confidence and create beautiful images in a relaxed, inspiring atmosphere.

8911 Sat, Nov 7, 10 am – noon
Ages 13+

\$20 per adult, \$15 per adult 65+, \$10.50 per youth
Registration required

Advanced

Dive deeper into storytelling through imagery by practicing technical aspects like selective focus, long exposure with artificial light, and motion blur — crafting expressive compositions.

8912 Sat, Nov 7, 12:30 – 2:30 pm
Ages 13+

TYNEHEAD REGIONAL PARK, Surrey

\$25 per adult, \$18.75 per adult 65+, \$12.50 per youth
Registration required

Super Spawn-tastic Salmon

Salmon returning

Jumping upstream to lay eggs

See, smell spawning fish

Hike through a lush rainforest to find out how salmon are specially adapted to survive their incredible journey home up waterfalls and past predators.

8913 Sat, Nov 14, 10 am – noon
Ages 9+

8914 Sat, Nov 14, 12:30 – 2:30 pm
Ages 9+

TYNEHEAD REGIONAL PARK, Surrey

\$11 per adult, \$8.25 per adult 65+, \$5.50 per child/youth
Registration required

Love is in the Forest New

Roses are red, violets are blue

Forest animals need love,

just like me and you

Roast marshmallows by a campfire this Valentine's while being serenaded with songs about how animals attract mates.

Warning: you may be invited to join lighthearted dating games and courtship displays (love matches not guaranteed!).

All are welcome — couples and singles alike.

8915 Sun, Feb 14, 11 am – 12:30 pm
Ages 18+

DERBY REACH REGIONAL PARK, Langley

\$11 per adult, \$8.25 per adult 65+
Registration required

Barred owls



Birds

Birding for Beginners

Birdwatching is a great way to connect to nature. Join a birding enthusiast to explore a park bursting with birdlife. Learn bird identification tips, how to use binoculars, and where to find common birds.

Stay for the free Wings Over Iona event (see page 1).

8461 Sat, Sept 12, 8:30 – 10:30 am
Ages 10+

8934 Sat, Oct 3, 8:30 – 11:00 am
Ages 18+

IONA BEACH REGIONAL PARK, Richmond
\$15 per adult, \$11.25 per adult 65+,
\$7.50 per child/youth
Registration required

Piper Spit Bird Count

Whether you’re just getting to know the birds in your backyard or are on the lookout for rarities, grab your binoculars and join a park interpreter to watch the seasonal changes of birds at Burnaby Lake.

8505 Tue, Sept 15, 9 – 11 am
Ages 15+

8916 Tue, Oct 13, 9 – 11 am
Ages 15+

8917 Tue, Nov 10, 9 – 11 am
Ages 15+

8918 Tue, Dec 8, 9 – 11 am
Ages 15+

BURNABY LAKE REGIONAL PARK, Burnaby
Free
Registration required

The Nature of Crows

Watch crows stream to their evening roost and learn about these interesting and intelligent birds.

8919 Sat, Nov 28, 3 – 5 pm
Ages 13+

BURNABY LAKE REGIONAL PARK, Burnaby
\$11 per adult, \$8.25 per adult 65+,
\$5.50 per youth
Registration required

Wonders of Owls:
Webinar & Walk

Owls are amazing! Join us for a two-part program: a webinar to learn more about these mysterious raptors, followed by a guided walk to listen for the hoots, cackles, and other love sounds that owls make during mating season.

Online Webinar

Thu, Jan 14, 6:30 – 7:30 pm
Ages 8+

In-park Walks

8927 Sat, Jan 16, 6 – 7:30 pm
Ages 8+
BURNABY LAKE REGIONAL PARK, Burnaby

8928 Sat, Jan 23, 4 – 5:30 pm
Ages 8+

8930 Sat, Jan 30, 4 – 5:30 pm
Ages 8+
PACIFIC SPIRIT REGIONAL PARK, Vancouver

8931 Sat, Jan 30, 6:30 – 8:30 pm
Ages 9+
CAMPBELL VALLEY REGIONAL PARK, Langley

8929 Sat, Feb 6, 6:30 – 8:30 pm
Ages 9+
ALDERGROVE REGIONAL PARK, Langley

\$17 per adult, \$12.75 per adult 65+,
\$8.50 per child/youth
Registration required

The Raptors of
Boundary Bay New

Boundary Bay is an important wintering area for shorebirds and waterfowl — and the raptors that hunt them. Watch for eagles, hawks, and owls over fields and intertidal flats and learn why this park is part of a designated Important Bird Area.

8926 Sat, Feb 6, 4 – 6 pm
Ages 13+

BOUNDARY BAY REGIONAL PARK, Delta
\$11 per adult, \$8.25 per adult 65+,
\$5.50 per youth
Registration required



Crippen Regional Park

Stewardship & Volunteering

Be part of a community that cares for regional parks. Volunteer for habitat restoration and other projects. Serve on a board of directors. Get involved and have fun.

Find more opportunities at metrovancover.org (search “volunteer”)

Info: volunteer.info@metrovancover.org

Ecological Restoration Team

Want to lend nature a helping hand and have fun at the same time? Join our ecological restoration team.

Info: meetup.com/Regional-Parks-Connect-Metro-Vancouver

Ages 15+

Free



EcoBlitz is your chance to lend nature a helping hand and to show some love for the regional parks you hike, cycle, swim, or picnic at the rest of the year.

Here are some of the hands-on activities you can take part in this year:

- Ecological restoration projects at təmtəmixʷtən/Belcarra, Boundary Bay, Burnaby Lake, Derby Reach, Iona Beach, Kanaka Creek, Minnekhada, Pacific Spirit, and Tynehead regional parks
- Invasive plant removal at Brunette-Fraser Regional Greenway and Iona Beach Regional Park
- Forest ecosystem restoration at Aldergrove, Capilano River, Grouse Mountain, and Pacific Spirit regional parks
- Riparian habitat enhancement at Crippen Regional Park

EcoBlitz takes place during the month of October. There will be many events in regional parks across Metro Vancouver. For more details, go to meetup.com (search “regional parks”) to get to the Metro Vancouver Ecological Restoration Team’s Meetup site.

Kids in Nature

Art in the Wild

Boost your nature IQ and creativity. Explore the forest and creek, then capture their beauty through nature journaling and painting.

No art experience needed. Supplies included.

8902 Sat, Sept 26, 9 am – noon
Ages 8 – 12

LYNN HEADWATERS REGIONAL PARK
North Vancouver

\$8.50 per child/adult pair
Registration required

Salamander Searchers

They crawl through the woods

and hide under logs.

They’re long-toed or rough-skinned

and related to frogs.

Discover these amazing amphibians that make this park their home.

Activities designed for ages 6 – 9

8933 Sat, Oct 17, 10 am – noon
Ages 6+

təmtəmixʷtən/BELCARRA REGIONAL PARK
Belcarra/Anmore/Port Moody

\$11 per adult, \$8.25 per adult 65+,
\$5.50 per child/youth
Registration required

Christmas Bird Count
for Kids

Use binoculars and a field guide to identify and report findings during this winter bird count. Learn basic birding skills and enjoy the Holiday Open House afterward (see Partners’ Corner). A delightful Christmas tradition.

8921 Sun, Dec 6, 9 am – noon
Ages 8 – 14

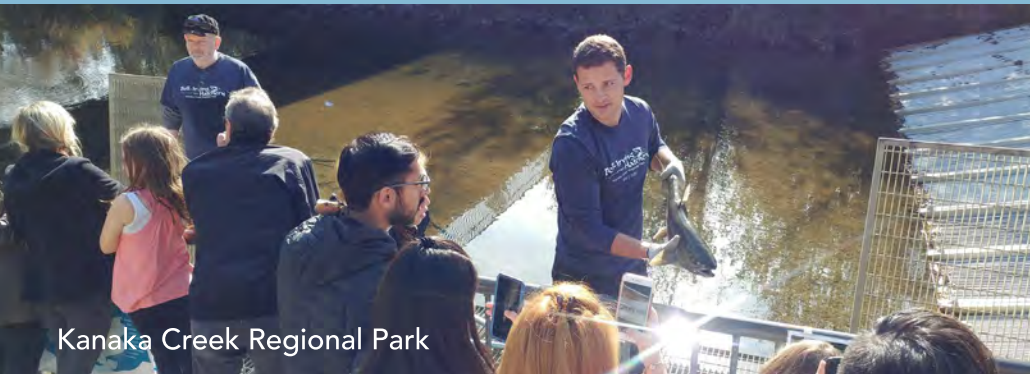
BURNABY LAKE REGIONAL PARK, Burnaby
Presented with
Burnaby Lake Park Association

Free
Registration required



Partners' Corner

Presented by Regional Park Partners



Kanaka Creek Regional Park

CTS Youth Society For youth, by youth

Connect with nature, community, and each other through the life-changing outdoor experiences of summer camp, year-round events, and volunteering in regional parks.

Ages 12 – 18

Info: ctsyouthsociety.com

Free

Discover Derby & Brae

Discover the rich wonders of Derby Reach and Brae Island regional parks in a series of walks and presentations by noted naturalists and historians.

Oct, Nov **All ages**

DERBY REACH & BRAE ISLAND REGIONAL PARKS, Langley

Presented by Derby Reach/Brae Island Parks Association

Free

Registration required: drbipa.org

Derby Reach Park Day

Experience the natural splendour and historical significance of Derby Reach Regional Park with family-friendly activities. Learn about local plant species and heritage apples on guided walks to the viewing platform and historical sites.

Sat, Oct 3, 11 am – 2 pm **All ages**

DERBY REACH REGIONAL PARK, Langley

Meet at the Heritage Area (10716 Allard Cres, Langley)

Presented by Derby Reach/Brae Island Parks Association

Free

Drop by anytime

Return of the Salmon

Celebrate the return of our salmon to Kanaka Creek and learn about their incredible journey and life in the spectacular Kanaka Watershed.

Sun, Oct 18, 11 am – 3 pm **All ages**

KANAKA CREEK REGIONAL PARK
Maple Ridge

Info: keeps.org

Presented by Kanaka Education & Environmental Partnership Society

Free

Registration required: keeps.org

Holiday Open House

Drop in to the nature house to enjoy crafts and a complimentary hot drink and join a guided walk.

Sun, Dec 6, 11 am – 2 pm **All ages**

BURNABY LAKE REGIONAL PARK, Burnaby
4519 Piper Ave, Burnaby

Info: burnabylakepark.ca

Presented by Burnaby Lake Park Association

Free

Drop by anytime

Registration required for guided walk: burnabylakepark.ca

Kanaka Creek Watershed Stewardship Centre Open Houses

Check out displays and presentations. Tour indoor and outdoor learning spaces including the Bell-Irving Hatchery, “roof to creek” stormwater management system, and wetlands.

KANAKA CREEK REGIONAL PARK
Maple Ridge

11484 256th St, Maple Ridge

Presented by Kanaka Education & Environmental Partnership Society

Free

Drop by anytime

Wild Times With the Neighbours

Learn how to enjoy a peaceful, mutually safe co-existence with wildlife, sharing our neighbourhoods harmoniously.

Sun, Sept 13, 11 am – 2 pm **All ages**

Let the EGG-citement Begin!

Salmon undergo wondrous transformations beginning the moment they emerge as eggs. Witness the fertilization of thousands of salmon eggs at the Bell-Irving Hatchery.

Sun, Nov 8, 11 am – 2 pm **All ages**



Nature Feature: Sitka Spruce

As deciduous trees shed their leaves, evergreen species such as Sitka spruce stand out even more in regional parks.

Sitka spruce can grow more than 90 metres high and up to 500 centimetres in diameter. Their needles are stiff and spiky. The bark looks almost scaly. The cones are easily recognized by their overlapping scales.

Hidden inside the cones are seeds that keep squirrels and songbirds (e.g. nuthatches, finches, siskins, and chickadees) fed during cooler months. Other birds, such as sapsuckers and woodpeckers forage on insects found on the tree. Sitka spruce also make a great place to nest and roost for a variety of bird species.

Look for these native conifers in regional parks such as Pacific Spirit, Burnaby Lake, and Tynehead.

Metro Vancouver Regional Parks & Greenspace

Registration opens
Monday, August 24 at 9 am.

Two easy ways to register
(unless otherwise noted)

Online: metrovancoveronline.org

Call: 604-432-6359

Fee categories: child (under 12), youth 12 – 17, adult 18+, adult 65+

Park maps, directions, and accessibility info
metrovancover.org (search “park locations”)

Never miss an issue –
subscribe today

Stay connected! Sign up to receive the latest
information about regional parks and programs.

Online: metrovancover.org
(search “nature programs”)

Email: regionalparks.info@metrovancover.org

About Metro Vancouver

Metro Vancouver is a diverse organization that plans for and delivers regional utility services, including water, sewers and wastewater treatment, and solid waste management. It also monitors and regulates air quality, plans for urban growth, manages a regional parks system, provides affordable rental housing, and serves as a regional federation. The organization is a federation of 21 municipalities, one electoral area, and one treaty First Nation located in the region of the same name. The organization is made up of four separate legal entities, each governed by its own Board of Directors. Board directors are elected officials from member jurisdictions.

Regional parks are part of a larger system that includes regional park reserves, ecological conservancy areas, and greenways. These green spaces protect diverse natural landscapes and habitats spread out over BC’s largest metropolitan area.

All of these places are located on the shared territories of many Indigenous peoples, including 10 local First Nations: ᑭᑭᑭᑭᑭᑭ (Katzie), ᑭᑭᑭᑭᑭᑭ (Kwikwetlem), ᑭᑭᑭᑭᑭᑭ (Matsqui), ᑭᑭᑭᑭᑭᑭ (Musqueam), ᑭᑭᑭᑭᑭᑭ (Qayqayt), ᑭᑭᑭᑭᑭᑭ (Semiahmoo), ᑭᑭᑭᑭᑭᑭ (Squamish), ᑭᑭᑭᑭᑭᑭ (Tsawwassen), and ᑭᑭᑭᑭᑭᑭ (Tsleil-Waututh).

Field Trips & Tours

Connect with nature through our field trips and tours for schools, scouts, guides, and adult groups. Book a professional development workshop for teachers, educators, and group leaders.

metrovancover.org (search “field trips”)



Our Foundation

Metro Vancouver Regional Parks Foundation is a registered charity dedicated to the conservation and enhancement of Metro Vancouver’s regional parks.

For information or to make a donation, visit MVRPFoundation.ca

Seniors in Regional Parks

Grants supporting seniors’ access to regional parks.

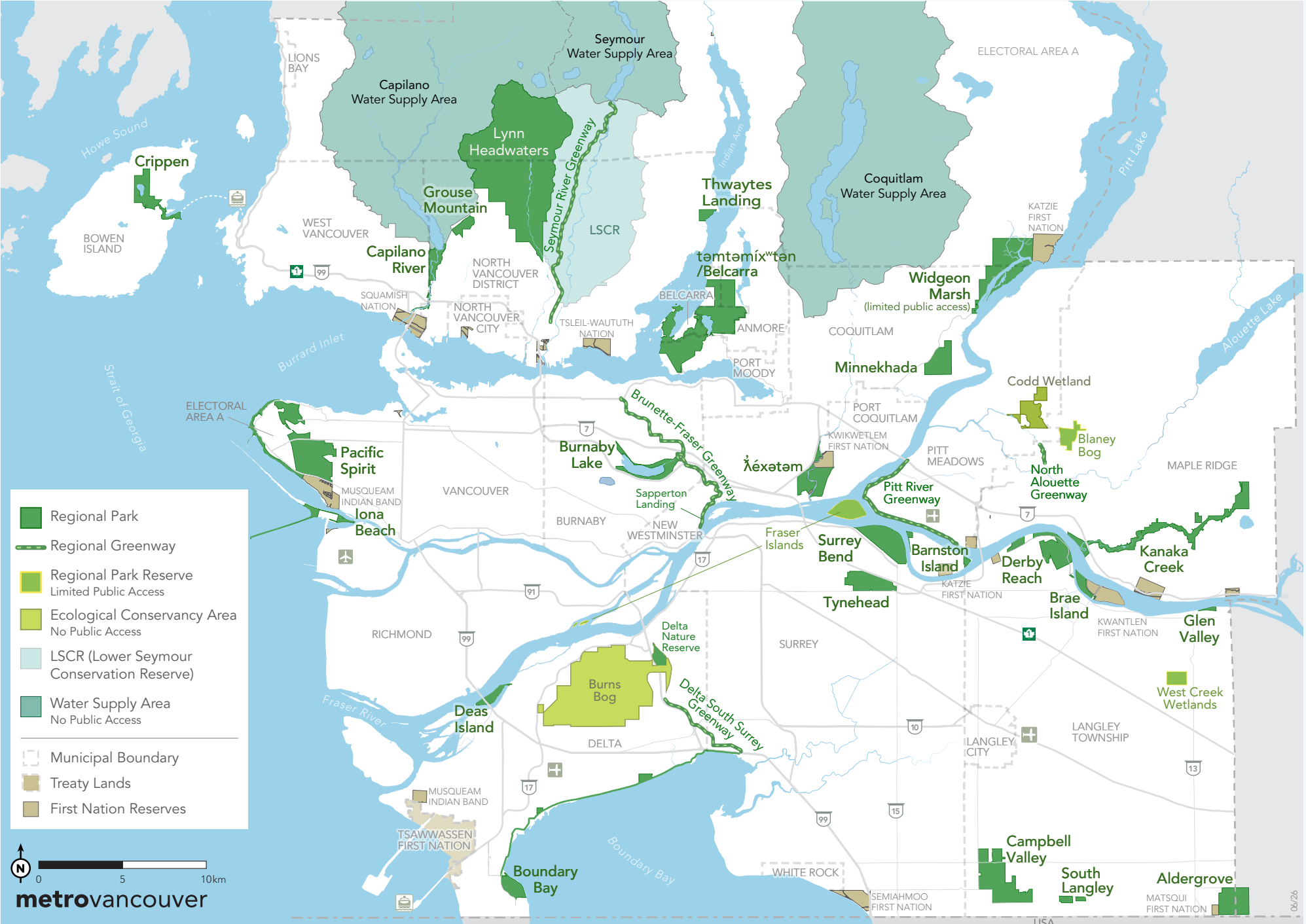
Learn more or apply at MVRPFoundation.ca/seniorsinparks/.

[FB.ME/MetroVancouverRegionalParks](https://fb.me/MetroVancouverRegionalParks)

[@metrovancoverorg.bsky.social](https://twitter.com/metrovancoverorg.bsky.social)

[@metrovancoverbc](https://www.instagram.com/metrovancoverbc)

[MetroVancouver](https://www.youtube.com/MetroVancouver)





Nature Program Calendar

Fall/Winter 2026–2027

September				
FRI 11	☐	Rainforest by Night MINNEKHADA REGIONAL PARK	p.2	Ages 6+
SAT 12	☐	Birding for Beginners IONA BEACH REGIONAL PARK	p.3	Ages 10+
	☐	Wings Over Iona IONA BEACH REGIONAL PARK	p.1	All ages
	☐	Spidey Senses DERBY REACH REGIONAL PARK	p.2	Ages 8+
SUN 13	☐	Wild Times With the Neighbours KANAKA CREEK REGIONAL PARK	p.4	All ages
TUE 15	☐	Piper Spit Bird Count BURNABY LAKE REGIONAL PARK	p.3	Ages 15+
	☐	Fall Foray GLEN VALLEY REGIONAL PARK	p.2	Ages 14+
SAT 19	☐	Owl Hoot-enanny CAMPBELL VALLEY REGIONAL PARK	p.1	All ages
FRI 25	☐	Rainforest by Night PACIFIC SPIRIT REGIONAL PARK	p.2	Ages 6+
SAT 26	☐	Art in the Wild LYNN HEADWATERS REGIONAL PARK	p.3	Ages 8-12
	☐	Forest Bathing PACIFIC SPIRIT REGIONAL PARK	p.2	Ages 19+
October				
FRI 2	☐	Creatures that Glow-in-the-park TYNEHEAD REGIONAL PARK	p.2	Ages 9+
SAT 3	☐	Night of the Newts təmtəmixˈtən/BELCARRA REGIONAL PARK	p.1	All ages
	☐	Derby Reach Park Day DERBY REACH REGIONAL PARK	p.4	All ages
	☐	Birding for Beginners IONA BEACH REGIONAL PARK	p.3	Ages 18+
	☐	Forest Bathing CAPILANO RIVER REGIONAL PARK	p.2	Ages 19+
TUE 13	☐	Piper Spit Bird Count BURNABY LAKE REGIONAL PARK	p.3	Ages 15+
SAT 17	☐	Mysterious Mushrooms CAMPBELL VALLEY REGIONAL PARK	p.2	Ages 18+
	☐	The Secret Life of Trees PACIFIC SPIRIT REGIONAL PARK	p.2	Ages 19+
	☐	Salamander Searchers təmtəmixˈtən/BELCARRA REGIONAL PARK	p.3	Ages 6+
	☐	The Science of Salamanders təmtəmixˈtən/BELCARRA REGIONAL PARK	p.2	Age 15+
SUN 18	☐	Return of the Salmon KANAKA CREEK REGIONAL PARK	p.4	All ages

November				
SAT 7	☐	Fantastical Forest Photo Walks TYNEHEAD REGIONAL PARK	p.2	Ages 13+
	☐	The Secret Life of Trees MINNEKHADA REGIONAL PARK	p.2	Ages 19+
SUN 8	☐	Let the EGG-citement Begin! KANAKA CREEK REGIONAL PARK	p.4	All ages
TUE 10	☐	Piper Spit Bird Count BURNABY LAKE REGIONAL PARK	p.3	Ages 15+
SAT 14	☐	Super Spawn-tastic Salmon TYNEHEAD REGIONAL PARK	p.2	Ages 9+
SAT 28	☐	The Nature of Crows BURNABY LAKE REGIONAL PARK	p.3	Age 13+
December				
SUN 6	☐	Christmas Bird Count for Kids BURNABY LAKE REGIONAL PARK	p.3	Ages 8-14
	☐	Holiday Open House BURNABY LAKE REGIONAL PARK	p.4	All ages
TUE 8	☐	Piper Spit Bird Count BURNABY LAKE REGIONAL PARK	p.3	Ages 15+
January				
THU 14	☐	Wonders of Owls (Part 1): Webinar ONLINE WEBINAR	p.3	Ages 8+
SAT 16	☐	Wonders of Owls (Part 2): In-Park Walk BURNABY LAKE REGIONAL PARK	p.3	Ages 8+
SAT 23	☐	Wonders of Owls (Part 2): In-Park Walk PACIFIC SPIRIT REGIONAL PARK	p.3	Ages 8+
SAT 30	☐	Wonders of Owls (Part 2): In-Park Walk CAMPBELL VALLEY REGIONAL PARK	p.3	Ages 9+
	☐	Wonders of Owls (Part 2): In-Park Walk PACIFIC SPIRIT REGIONAL PARK	p.3	Ages 8+
February				
SAT 6	☐	The Raptors of Boundary Bay BOUNDARY BAY REGIONAL PARK	p.3	Ages 13+
	☐	Wonders of Owls (Part 2): In-Park Walk ALDERGROVE REGIONAL PARK	p.3	Ages 9+
SUN 14	☐	Love is in the Forest DERBY REACH REGIONAL PARK	p.2	Ages 18+
MON 15	☐	Family Day Campfire PACIFIC SPIRIT REGIONAL PARK	p.1	All ages
	☐	Family Day Hike & Campfire təmtəmixˈtən/BELCARRA REGIONAL PARK	p.1	All ages

⬆️ Keep track of programs you are interested in!

Two easy ways to register

🖱️ Online: metrovanvancouveronline.org

📞 Call: 604-432-6359 (unless otherwise noted)

