

Nature-Friendly Park Experience

Regional parks are great places to visit. They're also important as habitat for wildlife such as birds, bees, salamanders and deer.

Metro Vancouver Regional Parks has developed a few rules to keep people, wildlife and habitat healthy and safe. Please share them with your group.

Stay on designated trails at all times.

Walking off trails can damage small plants and tree roots.

Give birds, squirrels and other wildlife plenty of space and leave them alone.

Do not disturb, feed or approach animals.

Admire berries, leaves and flowers without picking them.

Animals use them for food and to make homes.

Return everything to the way you found it.

If you look under logs or stones, gently put them back in place.

Everything in the park must stay in the park.

All things found in nature (including sticks and stones) have a role to play.

When you're in a regional park, you become part of the community that shares that park. By respecting park rules, you help protect the park community and keep it healthy.