Guidelines for Adults

As a parent, guardian, chaperone or volunteer on this outdoor adventure, your actions will influence the group.

Participate along with your group.

Enthusiasm is contagious. If the children see your attention captured, they are more likely to become involved.

Dress appropriately.

The entire program is outdoors. Boots or washable shoes are a must for beach, pond and stream programs.

Silence your cell phone.

Turn off phones. If you must take a call, please excuse yourself from the group.

Step in if needed.

Inappropriate behaviour from one or two children can spoil the experience for the whole group and may require you to give a gentle reminder to those children.

Help with supervision.

The park interpreter may ask you to supervise the group if there is a first aid situation or urgent problem they need to attend to.

Arrange childcare for younger siblings.

Programs are designed for the age of the children attending. Younger children can lose focus and be distracting to the whole group.

By following these guidelines, you help your group get the most out of their park experience.

Nature-Friendly Park Experience

Regional parks are great places to visit. They're also important as habitat for wildlife such as birds, bees, salamanders and deer.

Metro Vancouver Regional Parks has developed a few rules to keep people, wildlife and habitat healthy and safe. Please share them with your group.

Stay on designated trails at all times.

Walking off trails can damage small plants and tree roots.

Give birds, squirrels and other wildlife plenty of space and leave them alone.

Do not disturb, feed or approach animals.

Admire berries, leaves and flowers without picking them.

Animals use them for food and to make homes.

Return everything to the way you found it.

If you look under logs or stones, gently put them back in place.

Everything in the park must stay in the park.

All things found in nature (including sticks and stones) have a role to play.

When you're in a regional park, you become part of the community that shares that park. By respecting park rules, you help protect the park community and keep it healthy.