

Habitat Alert!

Wildlife Habitat Areas in the park offer critical food, shelter and breeding sites, as well as migration resting grounds. Help protect valuable habitats and the wildlife they support by keeping out of Wildlife Habitat Areas, staying on trails, and leashing dogs.

Park Conditions

To report conditions or situations requiring the assistance of Regional Parks, phone or leave a message at 604-520-6442.

Ecological Restoration Team

Help remove invasive plants and replant native species in regional parks. To volunteer for hands-on work parties, go to [meetup.com](#) and search ‘regional parks.’

Colony Farm Community Gardens ([cfcg.ca](#))

These gardens demonstrate organic gardening on three hectares of parkland. Visitors are welcome. Please stay on pathways and do not pick fruits, vegetables or flowers.

Colony Farm Park Association (604-520-6442)

Join other volunteers who share your interest and enthusiasm and wish to contribute to the park.

Metro Vancouver Regional Parks Foundation

Find out how you can donate to the parks you love at [MVRPFoundation.ca](#).

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Regional Park

(formerly known as Colony Farm Regional Park)

Coquitlam/Port Coquitlam

Scan the banks of the Coquitlam River for river otters, muskrats and herons; stroll through colourful organic gardens; or watch coyotes, hawks and owls hunt in open fields.



Trails and Recreation

Shared Trails



Dyke trails and the trail along the western boundary are open for hiking and cycling. Cyclists yield to pedestrians. To minimize erosion and habitat damage, stay on designated trails.

No Cycling



Cycling is not permitted on Garden Trail, Mundy Creek Trail, ᐱᓄᓂᓂᓂ Road Trail, or in the Community Gardens. The section of Home Farm Dyke Trail south of the Millennium Bridge is closed until further notice. Until a cycling connection can be re-established, there is no cycling route between the Main Entrance and the Home Farm Dyke Trail. Cyclists are required to walk bikes along Mundy and Garden trails.

Dogs



Dogs are welcome but must be leashed and under control at all times. Even well-trained dogs can frighten or injure park wildlife and visitors. Ground-nesting birds are easily disturbed by dogs. Dogs are not allowed in the park’s Wildlife Habitat Areas. Please scoop up your dog’s poop and dispose of it properly.

Accessibility



Toilets and some picnic tables can be accessed with a wheelchair. Most dyke trails are firm with crushed rock or gravel surfaces but have some areas with loose material, potholes or slopes >10%. Pathways through the Community Gardens are grass and may be difficult for some to use. Park visitors with mobility challenges, wheelchairs or strollers are permitted to use the closed section of the Home Farm Dyke Trail.

Picnicking



Several picnic tables are available at the Main Entrance.

No Vegetation Removal



To protect park habitats, vegetation and mushroom removal is prohibited.



No Liquor, No Camping, No Cannabis and No Smoking



Liquor, camping, and cannabis are not permitted in the park. Smoking is not permitted in regional parks, except in designated areas marked by signs. These areas allow the use of tobacco and e-cigarettes, but not cannabis.

Enjoy the Park Safely

Regional parks are natural areas and can present hazards for the unprepared. Look and listen, and be aware of your surroundings. Be prepared for changing conditions and obey all signs. See our website for tips on personal safety.

Hazards

Some dykes are park and municipal access routes – be prepared to encounter vehicles.

Emergencies



In case of emergency, phone 9-1-1 for fire, ambulance, and police services.

Bear Safety



Bears are known to pass through the park from time to time. If you see a bear, give it space! Stay back 100 metres, remain calm, and slowly back away.

General Information

Park Hours

The park is open at 7 am. Park hours are posted at park entrances; earliest closing is 5 pm.

Park Programs

For information on programs, field trips and events, go to [metrovanancouver.org](#) and search ‘nature programs.’

Areas Not Open to the Public

Three designated Wildlife Habitat Areas protect field, forest, riparian and wetland habitats. Access to Wildlife Habitat Areas is prohibited. Special Use Permits from Metro Vancouver are required for research and educational purposes.

Further information:
Area office for ᐱᓄᓂᓂᓂ, 604-520-6442
Metro Vancouver, 604-432-6200
[metrovanancouver.org](#)

Mailing Address:

Metro Vancouver Regional Parks
4515 Central Blvd, Burnaby, BC
Canada V5H 0C6

ᐱᓴᓴᓴᓴ Regional Park

Information

Parking

Toilets

Bus Stop

Picnic Area

Viewpoint

Bridge

Gate

Dyke

Distance Marker

Railway

Regional Park

No Public Access

Wetland

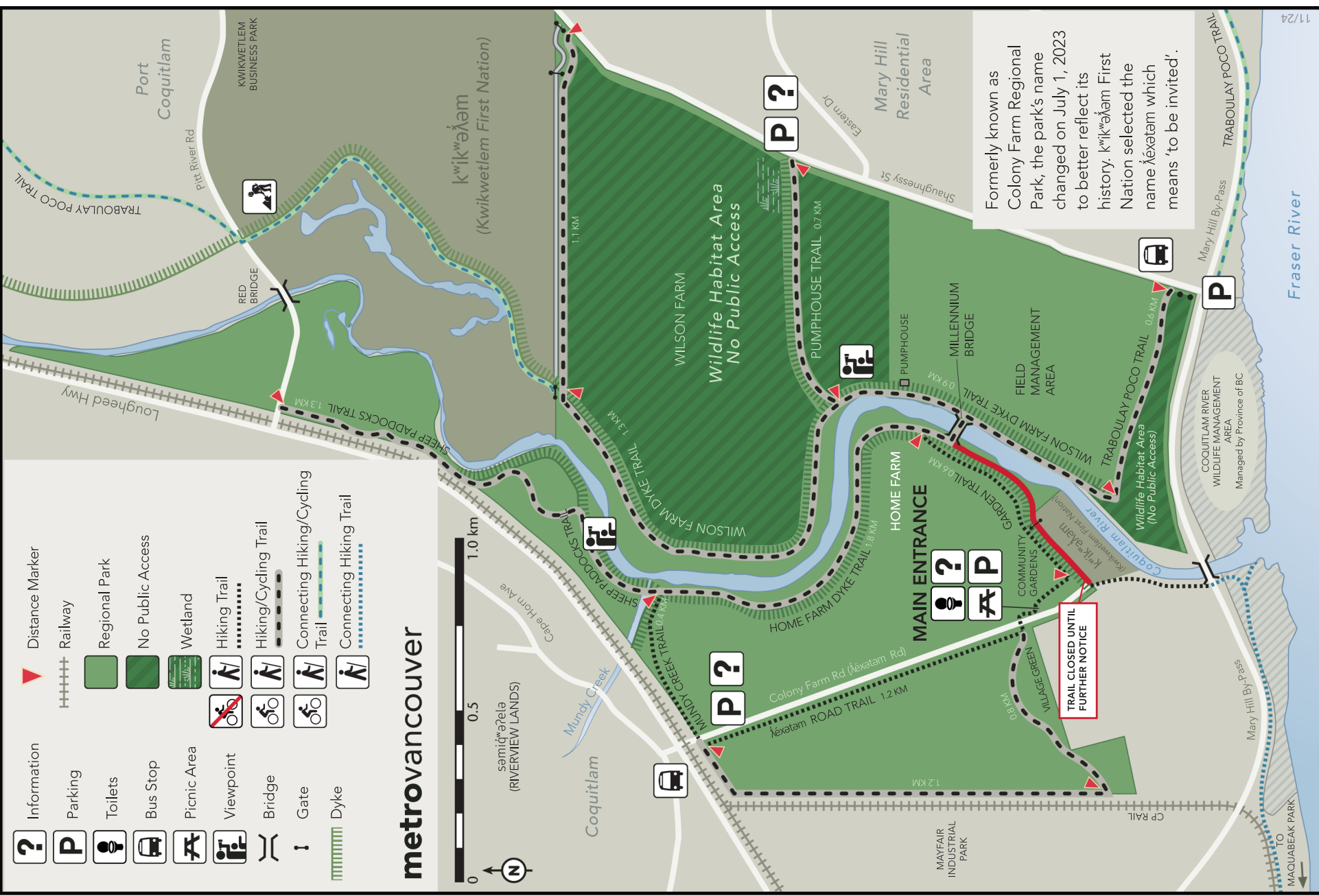
Hiking Trail

Hiking/Cycling Trail

Connecting Hiking/Cycling Trail

Connecting Hiking Trail

metrovancouver



Formerly known as Colony Farm Regional Park, the park's name changed on July 1, 2023 to better reflect its history. ᐱᓴᓴᓴᓴ First Nation selected the name ᐱᓴᓴᓴᓴ which means 'to be invited'.



TRAIL INFORMATION				
Trail	Distance	Walking Time	Trail Users	Comments
Garden Trail (to Millennium Bridge)	1.4 km return	25 mins	Pedestrian only CYCLISTS MUST WALK BIKES	- Flat with one set of stairs to reach dyke - Enjoy views of the Community Gardens, & Golden Ears Mtns
Home Farm Dyke Trail LOOP (via, Garden Tr, Mundy Cr Tr & trail along western perimeter)	5 km loop	1.5 hrs	Garden & Mundy Ck Trails are pedestrian only; CYCLISTS MUST WALK BIKES	- Flat with two steep sections - From Home Farm Dyke Trail, watch for beaver, river otter & muskrat on Coquitlam River
Crossing the Coquitlam River (via Sheep Paddocks, Home Farm Dyke, & Pumphouse trails)	4 km one way	1 hr	Pedestrian & cycling	- Flat with one very steep section to Shaughnessy - Watch for waterfowl on the ponds and channels created to enhance fish & wildlife habitat
A section of Home Farm Dyke Trail south of Millennium Bridge is closed until further notice. There is no cycling access to dyke trails from Colony Farm Rd (ᐱᓴᓴᓴᓴ Rd) and the Main Entrance.				