

Camp Capilano

Camp Capilano is an indoor facility suitable for school groups and community service organizations. Facilities include on-site caretaker, dining area, two dormitories accommodating up to 44 youth in bunks, a common room with fireplace, heated outdoor swimming pool and parking. The facility provides easy access to park trails and the Capilano Salmon Hatchery. Camp Capilano is operated by Metro Vancouver. For information and reservations call 604-432-6352.

Capilano River Hatchery

The hatchery is open year-round and contains displays and viewing areas. This facility is operated by Fisheries and Oceans Canada. Admission is free. For information go to canada.ca and search ‘Capilano River Hatchery’ or call 604-666-1790 (Mon. to Fri., 8 am to 4 pm).

Regional Parks – Get Involved!

Do you like sharing your love of the outdoors, environmental education and protecting special places? Discover how you can get involved with stewardship projects, public events and educational programs. To learn about ways to get involved in regional parks, go to metrovancover.org and search ‘volunteering’.

Metro Vancouver Regional Parks Foundation

Find out how you can donate to the parks you love at MVRPFoundation.ca.

Park Conditions

To report conditions or situations requiring the assistance of Regional Parks, phone or leave a message at the Park Area office: 604-224-5739.

Further information:

Area office for Capilano River, 604-224-5739
Metro Vancouver, 604-432-6200
metrovancover.org

Mailing Address:

Metro Vancouver Regional Parks
4515 Central Blvd, Burnaby, BC
Canada V5H 0C6

Jan / 2025

Capilano River Regional Park

District of North Vancouver/
District of West Vancouver

Explore the Capilano River canyon with its lush forests, marvel at migrating salmon or take in spectacular views of Capilano Lake and the Lions.



Trails and Recreation

Hiking



Park trails meander throughout the canyon along steep, unstable slopes and sheer cliff faces. Stay on marked trails and obey all signs. Use extra caution as footbridges and viewing decks can be slippery.

Cycling



Cycling is only allowed on the East Service Road, Capilano Pacific Trail south of Rabbit Lane and the path across Cleveland Dam. See the map for details. Cyclists yield to hikers.

Dogs



Dogs must be leashed unless otherwise posted, and must be under control at all times. Even well-trained dogs can frighten or injure park wildlife and visitors. Please scoop your dog’s poop and dispose of it properly.

Accessibility



Picnic and toilet facilities at Cleveland Dam and Capilano Hatchery are wheelchair accessible. Cable Pool Bridge and viewing platform near the hatchery are also wheelchair accessible and offer views of the river.

River Safety

Rocks are very slippery. During low flow, the strength of the current causes shifting of boulders along the river bed. Water levels in the Capilano River can change rapidly and without warning. Beware of rapids, whirlpools and eddies. Steep cliffs in the canyon make rescue difficult.

No Swimming or Wading



While deep river pools appear deceptively calm, there are strong currents and water is very cold.

White-water Paddling



White water paddling is not recommended in Capilano River. Anyone attempting this activity should have advanced skills in white water paddling in Class IV rapids and fully understand river safety.

Fishing



The river has limited access points for freshwater fishing. A Freshwater Fishing License for BC is required. Go to gov.bc.ca and search “freshwater fishing licence” for more information.

No Camping, No Liquor, No Fires, No Cannabis and No Smoking



Alcohol, camping, fires and cannabis are not permitted in the park. Smoking is not permitted in regional parks, except in designated areas marked by signs. These areas allow the use of tobacco and e-cigarettes, but not cannabis.

No Vegetation Removal



To protect park habitats, vegetation removal is prohibited. Take only photographs; leave only footprints.

Enjoy the Park Safely

Regional parks are natural areas and can present hazards for the unprepared. Look and listen, and be aware of your surroundings. Be prepared for changing conditions. Please obey all signs and enjoy your visit.

Emergencies



In case of emergency phone 9-1-1 for fire, ambulance and police services.

Safety Around Wildlife



The park is habitat for bears, cougars and coyotes. For the safety of yourself, others and wildlife, do not attract wildlife, feed wildlife or leave any garbage. Look for our “What About Bears?” brochure in the park or on our website.

General Information

Park Hours

In general, regional parks are open during daylight hours. Park hours are posted at entrances; earliest closing is 5 pm. Gates are locked when the park is closed.

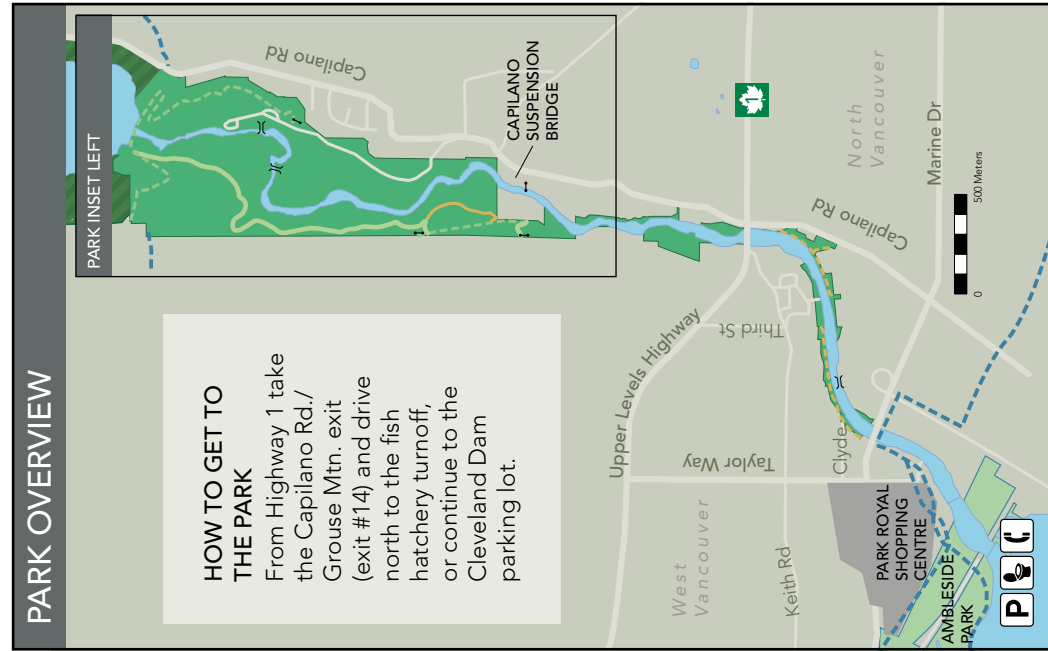
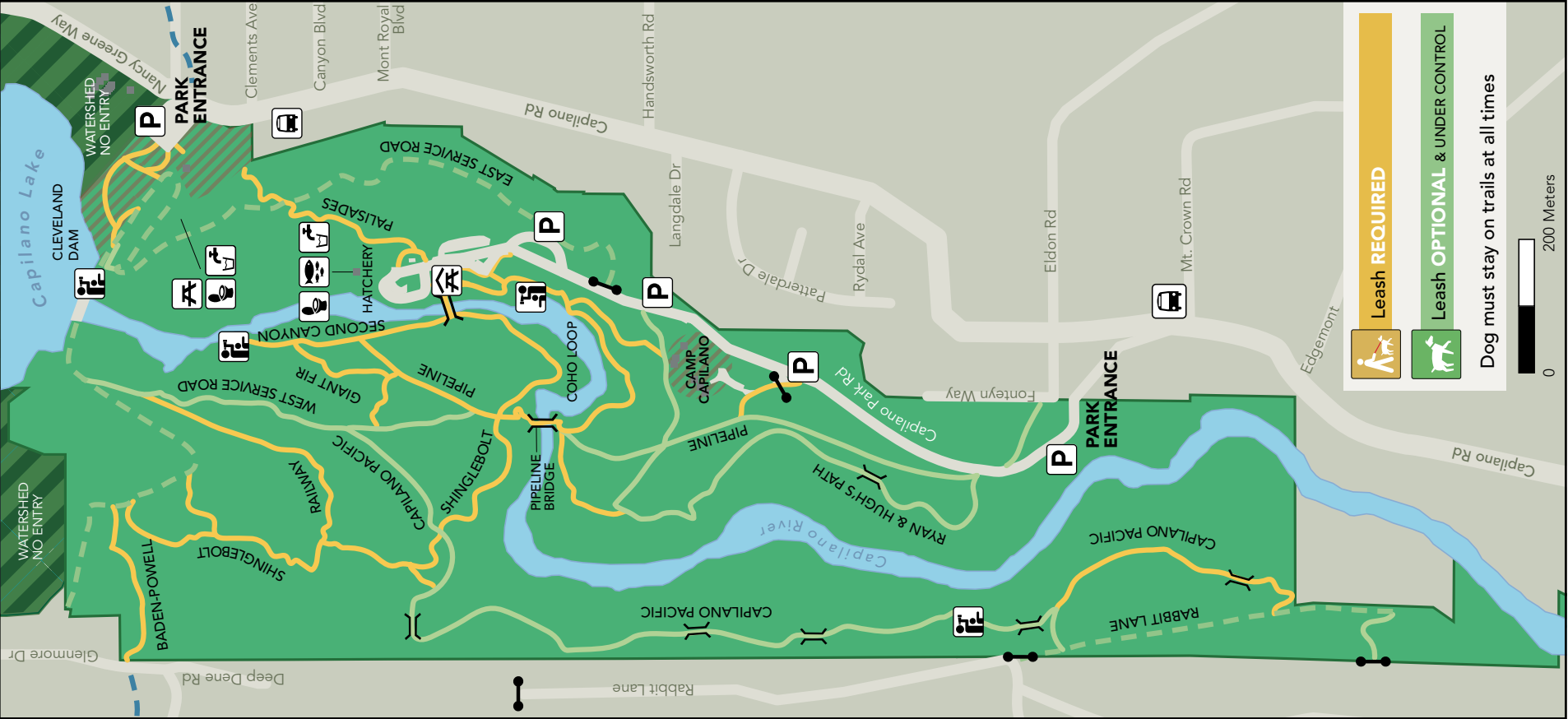
Park Programs and Facility Reservations

For information on programs, field trips and events, go to metrovancoveronline.org or call 604-432-6359.

Rules and You

Help ensure the future of our region’s natural treasures. Please follow park regulations, established to protect park habitats, wildlife and facilities. You can make a difference!

CAPILANO RIVER REGIONAL PARK



HOW TO GET TO THE PARK
From Highway 1 take the Capilano Rd./ Grouse Mtn. exit (exit #14) and drive north to the fish hatchery turnoff, or continue to the Cleveland Dam parking lot.

Information

Parking

Toilets

Picnic Area

Picnic Shelter

Leash Required Hiking Trail

Leash Optional Hiking Trail

Hiking/Cycling Leash Required

Hiking/Cycling Leash Optional

Municipal Trail

Viewpoint

Drinking Water

Hatchery

Bus

Gate

Bridge

Trans Canada Hwy

Regional Park

No Entry

No Dogs in Area



TRAIL INFORMATION				
Trail	Distance to Return	Time to Return	Terrain	Comments
Coho Loop Trail (from Hatchery and back)	1.1 km return	30 minutes	Flat, a few short climbs and stairs.	Spectacular canyon views. Mixed forests, rocky outcrops, old cedar snags and scenic river crossings.
Second Canyon Viewpoint Trail (from Hatchery and back)	0.6 km return	20 minutes	Flat, easy.	Breathtaking views up the canyon to Cleveland Dam spillway.
Capilano Pacific Trail (from Cleveland Dam to Moynes Drive)	5 km	2 hours	Short climbs, stairs, some rough sections.	Wind through impressive forests of Douglas-fir and cedar, alongside the Capilano River.