

A Shifting Landscape

Aldergrove Regional Park was moulded by receding glaciers, reshaped by gravel extraction and restored as the parkland you see today. The Big Rock on the east side of the park is the most obvious remnant of the last Ice Age.

Pepin Brook

Pepin Brook is a home for species at risk including the Salish sucker, Nooksack dace and Pacific water shrew. New wetland habitat for these and scores of other native species has been created in the southwest corner of the park. This wetland restoration has been conducted in partnership with the Pepin Brook Streamkeepers, Langley Environmental Partners Society, Fraser Valley Watersheds Coalition and Fraser Valley Conservancy.

Nature Discovery Area

Landscaped with a climbing stump, sand play area, stepping stones, grassy hill, lawn, and picnic tables, it is a place where children and their guardians can connect with nature through play. Pets are not allowed in the Nature Discovery Area.

Camp Elkgrove

Camp Elkgrove is a unique, rural agricultural camp experience designed to accommodate special needs children. For information and reservations, phone the Elks Recreational Children’s Camp Society of BC at 604-513-0155.

Starry Nights Away From City Lights

This park is great for star gazing! Astronomy programs are provided in cooperation with the Royal Astronomical Society of Canada (RASC).

Metro Vancouver Regional Parks Foundation

Find out how you can donate to the parks you love at MVRPFoundation.ca.

Further information:
Area office for Aldergrove Regional Park, 604-530-4983
Metro Vancouver, 604-432-6200
metrovancover.org

Mailing Address:
Metro Vancouver Regional Parks
4515 Central Blvd, Burnaby, BC
Canada V5H 0C6

Aldergrove Regional Park

Abbotsford / Township of Langley

Explore along the ridge of Aldergrove Bowl, ride over hills left by glaciers or wander wooded trails along peaceful Pepin Brook.



Trails and Recreation

Shared Trail



The Rock ‘n Horse Trail is open to equestrians, cyclists and pedestrians. For safety and courtesy, pedestrians yield to equestrians; cyclists yield to pedestrians and equestrians. To minimize erosion and habitat damage, please stay on designated trails.

Unload and park horse trailers only at the Equestrian Trailhead on 272 St. at 6 Ave.

Dogs



Dogs are welcome but must be leashed and under control at all times. Even well-trained dogs can frighten or injure park wildlife and visitors. Please scoop up your dog’s poop and dispose of it in the dog waste bins.

An off-leash area is located at the northeast corner of the park, off Lefevre Road. Dogs may run free, under an owner’s control. Dogs are not allowed in the Nature Discovery Area or on the Nature Discovery Loop.

Accessibility



Facilities at the Main Day-use Area are wheelchair accessible, including picnic tables, washrooms and surrounding trails.

No Camping, No Liquor, No Cannabis and No Smoking



Camping, liquor and cannabis are not permitted in the park. Smoking is not permitted in regional parks, except in designated areas marked by signs. These areas allow the use of tobacco and e-cigarettes, but not cannabis.

No Vegetation Removal



To protect park habitats, vegetation removal is prohibited.

Enjoy the Park Safely

Regional parks are natural areas and can present hazards for the unprepared. Look and listen, and be aware of your surroundings. Know your limits, be prepared for changing conditions and obey all signs. See our website for tips on personal safety.

Emergencies



Call 9-1-1 for Fire, Ambulance and Police.

General Information

Park Hours

The park is open at 7 am. Park hours are posted at park entrances; earliest closing is 5 pm. Gates are locked when the park is closed.

Areas Not Open to the Public

Rental properties are closed to the public; please respect tenants’ rights to privacy. Do not trespass on private property.

Park Programs and Facility Reservations

For information on programs, field trips and events, go to metrovancoveronline.org or call 604-432-6359. For information on booking the Blacktail Picnic Shelter, call 604-432-6352.

Rules and You

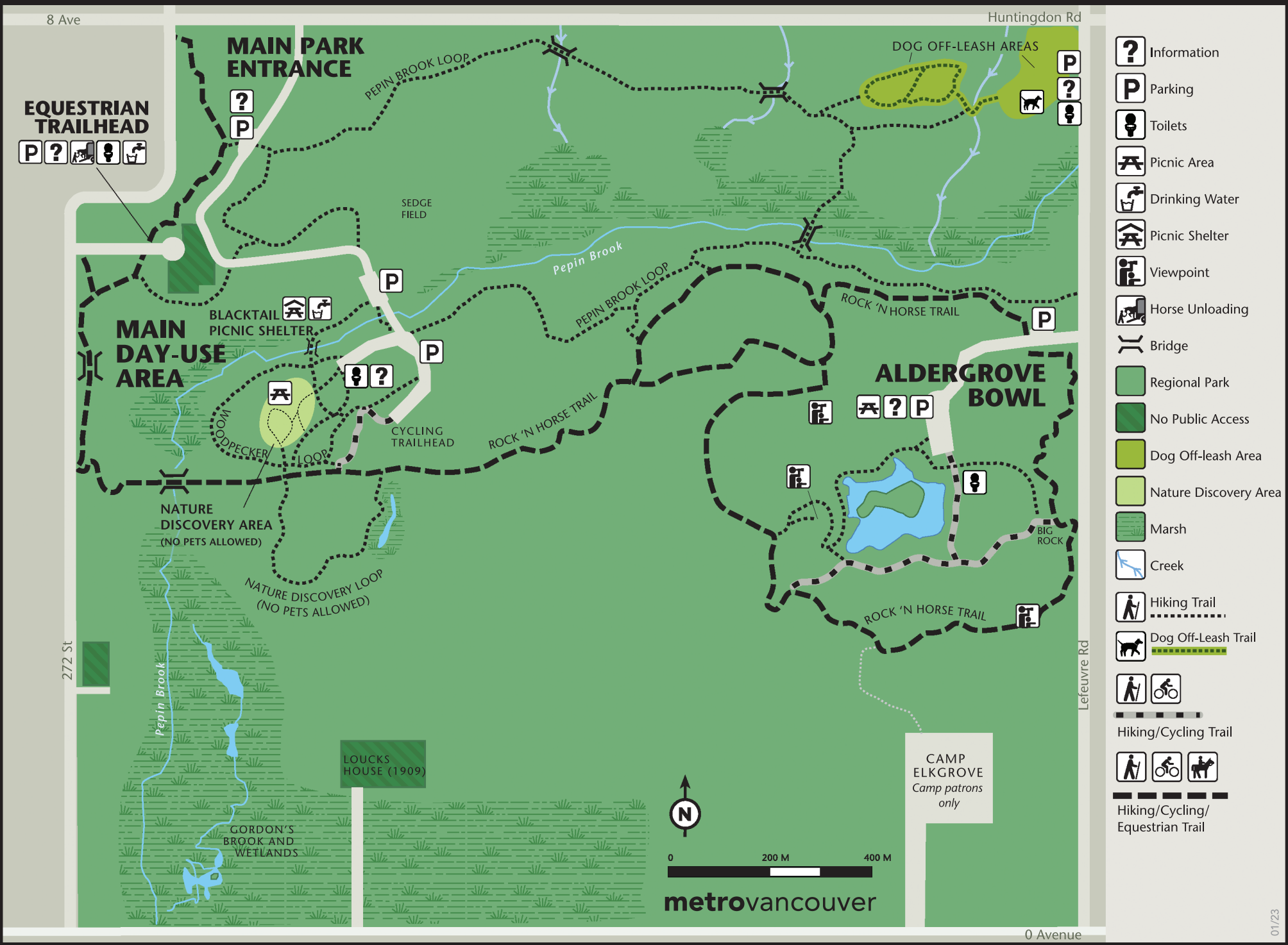
Help ensure the future of our region’s natural treasures. Please follow park regulations, established to protect park habitats, wildlife, and facilities. You can make a difference!

Park Conditions

Conditions are posted on metrovancover.org. To report conditions or situations requiring the assistance of Regional Parks, phone or leave a message at 604-530-4983.



ALDERGROVE REGIONAL PARK



TRAIL INFORMATION				Comments
Trail	Distance to Return	Time to Return	Terrain	
Pepin Brook Trail (loop)	3.5 km	1 hour	Flat and rolling with some steep sections.	Pepin Brook is home to a variety of wildlife including 3 species at risk. Please keep your dog leashed and out of the water.
Rock 'n Horse Trail (from Equestrian Trailhead)	6.5 km	2 hours	Rolling with some steep sections.	The Big Rock was deposited by retreating glaciers 12,000 years ago.
Aldergrove Bowl Viewpoint	1 km	30 minutes	Some steep sections.	Enjoy big, beautiful views of the Cascade Range and a peek at Mount Baker.

